

REACH ECOSYSTEM

KEEP IT ALIVE REACH CUBES ACTIVITIES

REACH Cubes are designed to build empathy and grow an appreciation for thinking differently. They encourage productive and positive interactions in the workplace, workshop or personal development sessions. They can be used in any creative way to grow REACH and below we have provided two recommended activities for use. The REACH Cubes pack comes with 4 REACH Cubes one representing each REACH Quadrant.

KEEP IT ALIVE REACH CUBES ACTIVITY 1 – THINKING OUTSIDE THE SQUARE

When people are participating in activities during REACH workshops, training or personal development sessions provide each participant with a REACH cube and ask them to complete the activity or interaction Thinking and Behaving based on what REACH cube was provided to them.

Are they the Advisor focused on detail and doing?
or a Coach focused on People and Action?

This brings a whole new level of empathy building and appreciation for the strength of thinking differently.

KEEP IT ALIVE REACH CUBES ACTIVITY 2 – GROW YOUR REACH IN YOUR SPACE

After REACH has been introduced using the REACH Training continue to keep REACH alive in the workplace by providing each person with a set of 4 REACH cubes to take back to their workspace.

Personal REACH and the REACH of their colleagues can be grown by using these cubes on a regular basis with these great ideas:



REACH
PRODUCTS

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i THE DESK STACK:

Stack your REACH Cubes on your desk and on top of the stack place the cube that is reflecting your current REACH zone. Ensure that you have the side that says “Thanks for dropping by, right now I am in my _____ quadrant” facing outward so those approaching your workspace know how you are feeling and acting at that current time. This is designed to help those around you recognize different behaviors/responses they may or may not receive from you based on the situation and REACH zone.

i THINK BEFORE I ACT:

Use your REACH Cubes to be mindful of your interactions with others. Whilst interacting use the cubes to review your behaviors and actions. Take up the cube of the quadrant you currently feel you are in and review these sides:

Think before I act: Is this what I need to be right now? Flip the cube over to the side of the profile overview and think about the style in which you are Communicating, Conflict-handling, Delegating etc. Is this what you need to be to REACH the person you are interacting with? If not find the REACH Cube that best suits the situation and maximises your REACH with that person and use the profile overview to help guide your interaction.



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